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The Sentinel

in the Heart of
the Helderberg Mountains
and but
Four Hours from
New York

Altamont
Albany County, New York
H. P. Smith

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Arranged and Printed
at
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New York

Heldenberg Inn



THE HALL

EVENTEEN miles from Albany—four hours from New York and a thousand feet above tide water.

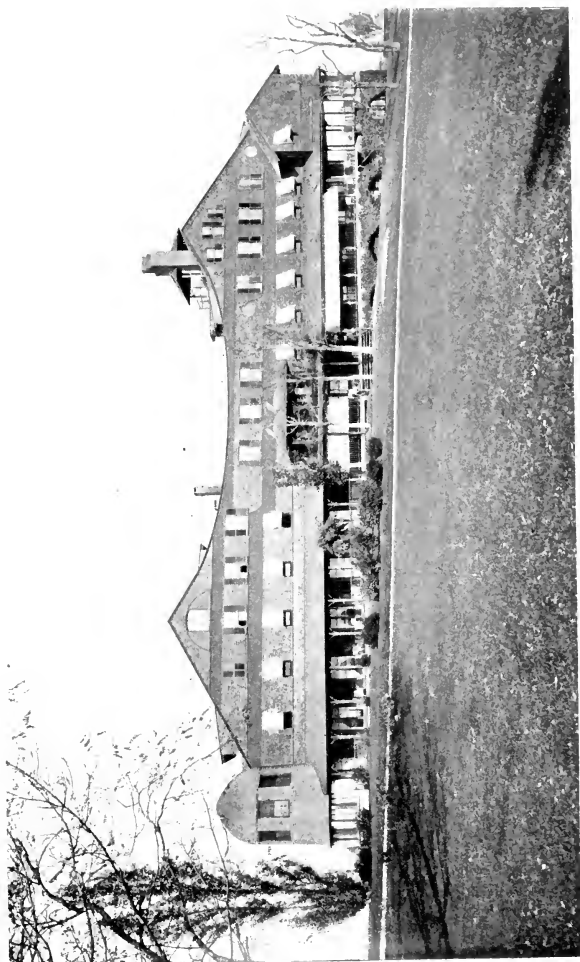
Saratoga less than an hour motor ride to the North.

In point of convenience and healthfulness the location of Helderberg Inn could not be improved.

HE air is dry and bracing. Cold—in winter,—but never chill. Clear, tonic, invigorating. The air that makes one want exercise and keeps one from feeling the fatigue of it.

The South as a winter resort with its low plains and stuffy, damp atmosphere, its germs of malaria and fever, its nuisances of flies, gnats and mosquitoes, is now universally condemned by the medical fraternity. On the other hand undue severity of climate is equally unhealthful.

At the foot of the hills on which the Helderberg Inn is built lies a great plain—the sandy bottom of a prehistoric ocean. This plain is covered with a growth of pine, fir and balsam which adds sweetness and strength to the wind that blows gently but almost constantly across it. The tempering effect of evergreen trees on winter air has long been recognized and it is rare indeed that one combines the vegetation of a cleanly, sandy country with the bracing atmosphere which comes only with elevation.



THE INN



THE RESERVOIR

LL the advantages of air and location possessed by the most healthful country in the world would be rendered of no effect without an ample supply of pure water. The Helderberg hills abound in springs and streams which are clear and cold. The geological conditions of the country have been such as to develop mineral springs, and indeed on the estate itself there are several of high medicinal value.

There is a private reservoir which is fed by springs and streams wholly within the control of Helderberg Inn and which is watched with the greatest of care. There is also a liberal supply of water from the reservoir of Altamont.

ELDERBERG INN with all its advantages as to health, convenience and comfort is not in any sense a health resort.

It is primarily for rest and recreation. It has all the advantages of the country without any of the disadvantages; all the convenience of the city with none of the objections. Spacious as it is, the Inn and its ample park have been occupied for some ten years as a country seat, and in throwing it open to the public, the management has retained those homelike features which are always lacking to the hotel. Lacking—for the very obvious reason that the hotel is never a country house and the country house has never before in this country been opened as a hotel.

Little additions, little changes, here

and there that have been made by the careful housewife could never be thought of by the paid superintendent.

Yet no hotel facility is lacking. The hotel is under the direction of Mr. H. P. Smith, for many years manager of the Westport Inn on Lake Champlain. Mr. Smith has gone carefully over the entire property and has made such enlargements and additions as would add to its attractiveness without taking away from its charm.

Plenty of hot and cold water all the time.

Electric lights night and day.

Ample telephone facilities.

Open fire-places galore.

The right temperature all the time, warmed but not superheated by steam.

Cellars complete in their collection of choice vintages—and no bar.

Plumbing absolutely new and of the most approved type.

HE servants of Helderberg Inn have been selected with the greatest care and there are plenty of them. The service is the kind that is available night or day—is always at one's elbow but never in evidence.

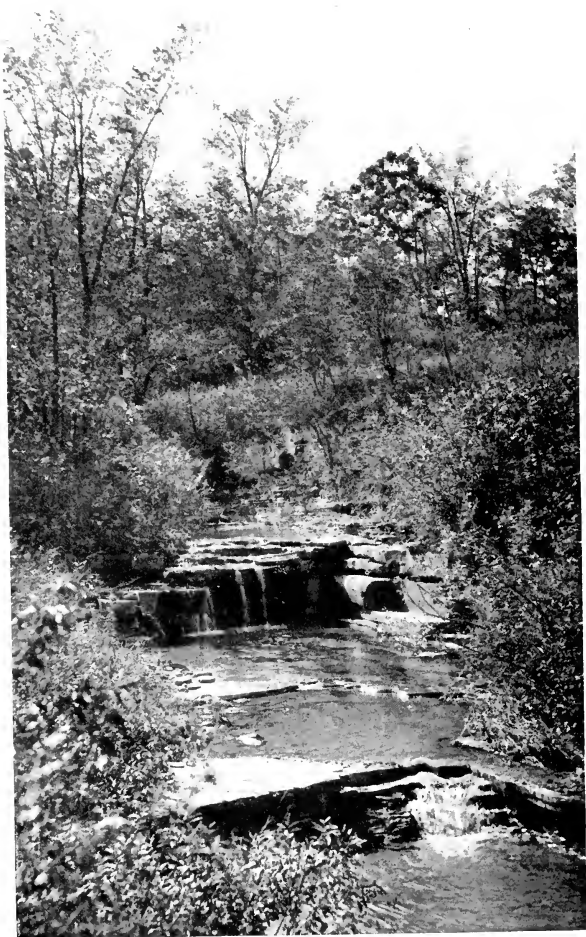
No attempt at long and elaborate menus will be permitted to interfere with perfect cooking and serving. On the other hand the fact that Helderberg Inn is in the country will not be permitted to serve as an excuse for roughly prepared, half cold and wholly unappetizing food.

One will receive, in other words, exactly the same attention, exactly the same delicate and delicious breakfast, luncheon, tea and dinner that one would expect to find in the most carefully conducted country house.

White service throughout.



AN UPPER HALL



A MOUNTAIN STREAM

THE facilities which have been provided or which the nature of the country in itself provides for various summer and winter sports, and the provisions that have been made for indoor games, are most extensive. Perhaps the clearest, simplest way to describe them is to set forth in a list the various games which may be played at Helderberg Inn.

Skating, Snow-shoeing, Tobogganing,
 Coasting, Sleighing,
 Trap, Target Shooting, Archery.

Golf, Polo, Tennis, Croquet,
 Roquet, Tetherball, Baseball,
 Rowing, Fishing, Bathing, Camping,
 Hunting, Riding,
 Driving, Coaching, Paper Chase,
 Mountain Climbing.

Billiards, Bowling, Bolero, Ping Pong.

N the estate and near enough to the hotel to be convenient, but sufficiently removed to give them the advantage of entire privacy, are six cottages of from seven to eighteen rooms. Each of these cottages is connected with Helderberg Inn by telephone, and the service supplied in them will be just as instantaneous, just as ever present, as in Helderberg Inn itself.

HE view is very beautiful. In front of the house the sandy plain covered with pines and firs sweeps in a fine stretch to the Green Mountains, the Adirondacks and the Berkshires. At the back above the Helderbergs may be seen the peaks of the Catskills, a short drive away.



A COTTAGE



A COTTAGE INTERIOR

To the Catskills is but one drive; there are many. The roads are fine with the long firm stretches for driving and the motor. Here and everywhere there are bridle paths and by-roads of yielding turf. There are well-worn paths in the woods for those who like to walk in well-worn paths, and there are miles of country for those who love to ramble between the trees.

No bar. But café service at all times in the walled garden or café.

A private library of more than two thousand volumes of leading fiction. A library constantly replenished with the best magazines and the newest books.

The Inn offers special facilities for camping, either on its own mountain sides or at Thompson's Lake, where it holds a reservation.

There is a stable under the control of the management where well-kept traps may be had at all times with or

without drivers. There is ample stage service and a goodly number of blooded riding horses, also facilities for the care of private horses and motors.

A representative will be pleased to call at any New York, Albany or Troy address to give further information and to book places.

The management will gladly answer any questions, and give by mail particulars which may not have been covered in this pamphlet.

There are ample greenhouses which are not only delightful in themselves, but which furnish the guests of the hotel with a constant supply of fresh and beautiful flowers even in mid-winter.

The greenhouses also contribute delicacies to the table.

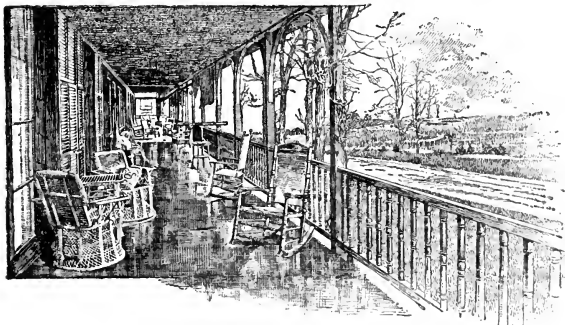
On the estate there is a kitchen garden sufficient to supply the hotel with fresh salads and vegetables. Moreover the milk and cream, lamb, bacon,

ham, chicken and eggs are all produced on the estate.

There is a winter garden covered and surrounded by glass, and made more charming by tropical flowers and plants.

LBANY is easily accessible by train or boat from New York and is only about five hours' ride from Boston. From Albany there is hourly train service to Altamont—only half an hour's ride.

No need to figure out connections.



A PIAZZA VISTA

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